



File Backup

Backup Essentials

We can make sure you have multiple versions of a file, that files are backed up each night, that your e-mails are backed up, and that your critical Operating System related files are backed up as well.

Tape vs. Hard Drive

Tape backup units are not all created equally. We can help you pick the right tape technology. Tapes have the advantage of being less expensive than hard drives (although the gap between the two is narrowing) and are typically easier to take offsite. Backup up to a Network Attached Storage device or external hard drive is faster than tape, but is lacking the offsite storage of tapes in case of disaster.

Local Backups vs. Online Backups

Backing up locally to tape or NAS device is very common with a tape going offsite daily or weekly in case of a disaster. Online Backup services provide a full featured backup without the need to swap tapes or take anything offsite. Online Backup Services are available for a monthly or yearly fee. For large amounts of data, local backup solutions are more cost effective.

439 Route 46 East Suite 3
Rockaway, NJ 07866
Office: (973) 543-1566
Fax: (973) 543-0130

<http://www.adviceandservices.com>
info@adviceandservices.com

For more information ▶▶▶